

Chapter 13

Where to Go for Help...

Resources for taking the next steps



Citizen Advocacy Groups

Friends of Chatham Waterways, www.chathamwaterways.org

Chatham Alliance for Preservation and Conservation, P.O. Box 111, N. Chatham MA 02650

Friends of Pleasant Bay, www.fopb.org

Association to Preserve Cape Cod, www.apcc.org

Buzzards Bay National Estuary Program, www.buzzardsbay.org

Sustainable Energy

Cape Light Compact, www.capelightcompact.org

Cape Cod Community College, www.capecod.edu/envirotech

Cape and Islands Self Reliance, www.reliance.org

Massachusetts Department of Energy Resources, www.mass.gov/doer/programs/renew

Mass DEP: Renewable Energy & Energy Conservation, www.mass.gov/dep

Massachusetts Technology Collaborative, www.mtpc.org

Regional Planning

Cape Cod Commission, www.capecodcommission.org

Cape Cod Water Protection Collaborative, www.barnstablecounty.org/bbwastewater.htm

Pleasant Bay Resource Management Alliance, www.pleasantbay.org

South Coastal Harbor Plan, www.chatham-ma.gov

Conservation, Education, and Research Groups

Chatham Conservation Foundation, Inc., www.chathamconservationfoundation.org

Friends of Monomoy, www.friendsofmonomoy.com

Americorps, www.Americorps.org

Cape Cod Community College, www.capecod.edu/envirotech

Cape Cod Museum of Natural History, www.ccmnh.org

Center for Ocean Sciences Education Excellence, www.cosee-ne.net

Coastal Resources Committee, www.capecodcommission.org/coastal

Coastal Systems Group, www.smast.umassd.edu/Coastal/research/estuaries/estuaries.html

Massachusetts Audubon Society, Wellfleet Bay Wildlife Sanctuary, www.massaudubon.org

Massachusetts Estuaries Project, www.oceanscience.net/estuaries/index.htm

The Nature Conservancy, www.nature.org

The Ocean Conservancy, www.oceanconservancy.org

Provincetown Center for Coastal Studies, www.coastalstudies.org

Woods Hole Sea Grant Program, www.whoi.edu/seagrant

Woods Hole Research Center, www.whrc.org/capecod/index.htm

Local, State, and Federal Government Resources

Town of Chatham, www.chatham-ma.gov (508-945-5100); Coastal Resources (508-945-5146); Conservation Agent (508-945-5164);

Health/Environment Director (508-945-5165); Harbormaster (508-945-5185); Parks (Beaches, Recreation) (508-945-5175)

U. S. Coast Guard: Chatham (Emergency: 508-945-0164) (Business: 508-945-3830)

Monomoy National Wildlife Refuge, <http://monomoy.fws.gov>

Barnstable County, www.barnstablecountyhealth.org

Cape Keepers, www.capekeepers.org

Cape Cod National Seashore, www.nps.gov/caco

Cape Cod Conservation District, (508) 771-8757

Cape Cod Cooperative Extension (Coastal Explorer Mobile Marine Science Exhibit), www.capecodextension.org/home.php

Gerry E. Studds Stellwagen Bank National Marine Sanctuary, <http://stellwagen.noaa.gov>

Massachusetts Office of Coastal Zone Management, www.mass.gov/czm

Mass Estuaries Project: Watershed/Embayment Nitrogen Management: www.smast.umassd.edu/Coastal/research/estuaries/estuaries.html

Massachusetts Bays Program, www.mass.gov/envir/massbays/capecod.htm

Massachusetts Department of Environmental Protection, www.mass.gov/dep/water

U.S. Environmental Protection Agency, www.epa.gov/ebtpages/water/html

Water Quality Testing in Chatham

Friends of Chatham Waterways, www.chathamwaterways.org

Town of Chatham, Health & Environment Department, www.chatham-ma.gov

Pleasant Bay Resource Management Alliance, www.pleasantbay.org

Fisheries and Shellfish Groups

Town of Chatham Shellfish Constable (508-945-5184) and Harbormaster (508-945-5183)

Cape Cod Commercial Hook Fishermen's Association, www.ccchfa.org

Cape Cod Stranding Network (508-743-9548); www.capecodstranding.net

Division of Marine Fisheries, Commonwealth of Massachusetts, www.state.ma.us/dfwele/dmf/index.html

Agriculture/Horticulture Research

Agriculture/Horticulture Research Cape Cod Cooperative Extension: www.capecodcooperativeextension.org

Barnstable County Conservation District, www.capecodcd.org

Cape Cod Cooperative Extension, www.capecodcooperativeextension.org

University of Massachusetts Cooperative Extension, www.umassextension.org

Chapter Reference Material

Chapter 1 – A Water Primer

Local and State Resources:

Massachusetts Estuaries Project, Linked Watershed-Embayment Model to Re-Evaluate Critical Nitrogen Loading Thresholds for Stage Harbor/Oyster Pond, Sulphur Springs/Bucks Creek and Taylors Pond/Mill Creek, Chatham, Massachusetts, Final Report, February 2007.

Massachusetts Estuaries Project, Linked Watershed-Embayment Model to Determine Critical Nitrogen Loading Thresholds for the Pleasant Bay System, Orleans, Chatham, Brewster, and Harwich, Massachusetts, Final Report, 2006

Town of Chatham Open Space and Recreation Plan, Draft, 2009.

Town of Chatham South Coastal Harbor Management Plan, 2005.

Pleasant Bay Resource Management Alliance, Pleasant Bay Resource Management Plan, 2008.

Chapter 2 – A Quick Start for the Water Wise

Groundwater Guardians, www.capecodcommission.org/gwguardians/home.htm

100 Water-Saving Tips, www.wateruseitwisely.com/100ways/ne.shtml

Water Awareness Test, www.getwise.org

Chapter 3 – Water, Water Everywhere

Save Our Planet: 750 Everyday Ways You Can Help Clean Up the Earth, MacEachern

Water saving devices, www.eartheasy.com/live_water_saving.htm

Chapter 4 – Out of Sight, Out of Mind

Title 5 Septic Systems, Massachusetts Department of Environmental Protection, www.mass.gov/dep/water/wastewater/septicsy.htm

For more information on alternative systems: Alternative Septic System Test Center, www.buzzardsbay.org/etimain.htm

Department of Environmental Protection, www.state.ma.us/dep/brp/wwm/t5itprog.htm

National Small Flows Clearinghouse, www.nesc.wvu.edu/nsfc/nsfc_index.htm

Chapter 5 – Hazardous Waste? Not in my House!

Town of Chatham, www.chatham-ma.gov (508) 945-5100

Household hazardous product collections, www.capecodextension.org/home.php

Massachusetts DEP Household Hazardous Products Hotline, (800) 343-3420

Lower and Outer Cape public transportation, www.theflex.org, (800) 352-7155

Chapter 6 – Rethink/Reuse/Recycle

Chatham Recycles, www.chathamrecycles.org

Donate computers, www.cristina.org

Recycle electronics, www.mass.gov/dep/recycle/reduce/electron.htm

Massachusetts EPA Motor Oil Information, (617) 556-1022

Used motor oil recycling, www.recycleoil.org

Get on "Do Not Mail" lists: send a letter with your name, home address and signature to Mail Preference Service, Direct Marketing Association, P.O. Box 643, Carmel, NY 10512

Stop receiving unsolicited credit offers, (888) 567-8688, www.optoutprescreen.com

For more tips on reducing your junk mail, www.globalstewards.org or stopthejunkmail.com

Cape Cod Cooperative Extension: www.capecodcooperativeextension.org

Chapter 7 – Spare that Shrub!

Save Our Planet: 750 Everyday Ways You Can Help Clean Up the Earth, MacEachern

Sea Grant Woods Hole, "Focal Point" Newsletters:

"Cape Cod Coastal Erosion: A Case Study", April 1998

"Shoreline Change and the Importance of Coastal Erosion," April 2000

"Sustaining Coastal Landforms," January 2001

"Evaluation of Coastal Erosion Hazards: Results from a National Study and a Massachusetts Perspective," August 2001

"Coast Lines," the annual magazine of the Massachusetts Office of Coastal Zone Management

Commonwealth of Massachusetts, Department of Environmental Protection brochure:

"Clean Water Tips - Nonpoint Source Pollution and What Can You Do To Help"

Massachusetts Wetlands Protection Act and Regulations, contact Chatham Conservation Commission, (508) 945-5164

DEP Nonpoint Source Program, www.mass.gov/dep/brp/wm/wmpubs.htm

DEP Southeast Regional Office, (508) 946-2714

Massachusetts Coastal Zone Management, www.mass.gov/czm

Sea Grant Program, Woods Hole Oceanographic Institution, www.whoi.edu/seagrant

Cape Cod Cooperative Extension, www.capecodcooperativeextension.org

Chapter 8 – Landscaping for Healthy Watersheds

The Cape Cod Garden – A Handbook for Successful Planting, C. L. Fornari

The Gardener's Guide to Common-Sense Pest Control, William Olkowski

A Guide to Invasive Plants in Massachusetts, Wetherbee, Somers and Simmons

Native Plants of the Northeast – A Guide for Gardening and Conservation, Donald J. Leopold

Seascape Gardening, Anne Halprin

For testing soil samples, www.capecodextension.org

Bayscaping, www.peconicbaykeeper.org/getinv/bayscp.htm

Compost Extension, www.capecodcooperativeextension.org

Edible Cape Cod, www.ediblecapecod.com/pages/articles/summer See *Tim Friary - Organic gardening*

Red worms for composting available on the Internet

Coastlines, CZM: Greenscapes for a Blue Planet: The Greenscape Scoop and A Landscape Fit for the Sea. Betsy Richards

Chapter 9 – Recovery from Lawn Obsession

All-New Encyclopedia of Organic Gardening, Rodale Books

Redesigning the American Lawn, A Search for Environmental Harmony, F. Bormann et al.

Alternative Pest Controls for Lawns and Gardens, Rachel Carson Council, www.members.aol.com/rccouncil/ourpage

US Environmental Protection Agency, www.epa.gov/pesticides/controlling/garden.htm

www.chem-tox.com/pesticides

www.grassrootsinfo.org

www.ecochem.com/pesticides.html

To landscape with moss, www.mossacres.com

Buzzards Bay National Estuary Program, <http://www.buzzardsbay.org/lawncare.htm>

Cape Cod Cooperative Extension, www.capecodcooperativeextension.org

Massachusetts Department of Environmental Protection, www.mass.gov/dep/

Chapter 10 – Getting Out on the Water

Coast Guard Auxiliary, http://nws.cgaux.org/visitors/ve_visitor/index.html

Eco-friendly boating, www.eartheasy.com/play_eco-friendly_boating.htm

Environmental tips, aquatic nuisance species, online boating course and more, www.boatus.com/foundation/toolbox/EnvirTips.htm

Many resources on good boating practices, www.americanboating.org/goodstuff.asp

Chapter 11 – Not Just for Kids

Cape Cod Museum of Natural History, www.ccmnh.org
Cape Cod Pathways, www.capecodcommission.org/pathways/home.htm
The Ocean Conservancy, www.oceanconservancy.org.
Wellfleet Bay Wildlife Sanctuary, www.massaudubon.org
Woods Hole Science Aquarium, www.nefsc.noaa.gov/nefsc/aquarium

Chapter 12 – Taking Action

Coastal Sweep, www.coastsweep.umb.edu
Friends of Chatham Waterways, www.chathamwaterways.org
Friends of Pleasant Bay, www.fopb.org